



ASK ABOUT YOUR NUTRITION

Are you or your loved one experiencing any of these?



**UNPLANNED
WEIGHT LOSS**



**LOSS OF
APPETITE**



**NOT ABLE TO EAT
OR ONLY ABLE
TO EAT SMALL
AMOUNTS**



**FEELING WEAK
OR TIRED**



**SWELLING
OR FLUID
ACCUMULATION**

If you or your loved one have any of these problems, ask about your nutrition! Nutrition is important to your recovery and has been shown to promote positive outcomes. Ask if you can be evaluated by a registered dietitian or nutrition support clinician.

nutritioncare.org/maw

© 2016 American Society for Parenteral and Enteral Nutrition. All rights reserved.

