

Nutrition Sudoku DIFFICULT

You may have seen Sudoku with numbers, but here's one with food items. Each horizontal row, vertical column and 3x3 box must contain all nine food words. The words begin with letters A through I to make it easier for you to check that all nine have been placed in each row, column and 3x3 box.

		Egg		Date		Hummus		
					Ice		Bread	Garlic
Almond				Fish				Egg
		Garlic				Bread		Almond
Cheese			Garlic		Almond			Hummus
Date		Almond						
				Hummus				Cheese
Hummus	Bread		Fish					
		Fish		Almond		Garlic		



Don't Look Yet!
These Are the
Sudoku Answers:



B	H	D	G	H	B	E	C	F	I	A	D	G	H	B
D	C	E	A	D	H	A	E	B	F	C	G	I	C	H
C	F	B	G	I	A	D	E	H	I	C	F	B	G	I
I	C	G	I	D	E	H	A	E	B	F	C	G	I	C
H	B	E	C	F	I	A	D	G	H	B	E	C	F	I
E	C	F	I	A	D	G	H	B	E	C	F	I	A	D
A	G	H	B	E	C	F	I	A	D	G	H	B	E	C
D	G	H	B	E	C	F	I	A	D	G	H	B	E	C
F	C	G	I	D	E	H	A	E	B	F	C	G	I	D
F	C	G	I	D	E	H	A	E	B	F	C	G	I	D

- A Almond
- B Bread
- C Cheese
- D Date
- E Egg
- F Fish
- G Garlic
- H Hummus
- I Ice