

# *Age-Friendly* New Bedford

Creating a livable community for residents of all ages and abilities



Community gardens



Dental clinic



Lawn bowling



Exercise classes



Farmers markets

"We want to be a place where **people of every age** can enjoy what New Bedford has to offer."

– New Bedford Mayor Jon Mitchell



lighting the way  
**NB**  
new  
bedford  
agefriendly

 **Coastline**  
Caring for the community.

# The New Bedford Council on Aging and Coastline are working with residents and organizations from around the city to address 7 categories of “livability.”

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## Housing



**Goal:** Support stable housing for older adults

**Success:** A guide to rental options, legal assistance, and repair services

## Outdoor Spaces & Buildings



**Goal:** Include residents of all ages in parks planning and programming

**Successes:** Lawn bowling at Hazelwood  
• Improved beach access • Free yoga in the parks

## Transportation



**Goal:** Improve public knowledge of and access to cost-effective transportation

**Successes:** New bus routes, including summer routes to the beaches • Travel and Charlie Card training

## Community Supports & Health Services



**Goal:** Optimize health and wellness in the community, increase access to fresh foods

**Success:** Dental clinics • Walk NB  
• Dementia training and caregiver support

## Social Participation



**Goal:** Promote a network of inclusive social opportunities for older adults

**Successes:** Pride Day • Lunch & Learn  
• Expanded supper clubs

## Civic Participation & Employment



**Goal:** Connect older adults to employment resources and volunteer opportunities

**Successes:** Job Fair • Career services for seniors • 135 volunteers engaged

## Communication & Information



**Goal:** Increase awareness of existing community resources.

**Success:** *Senior Scope* publishes stories and events about the age-friendly initiative.

### Get involved:

We're always looking for volunteers from the community who can share time and ideas. Contact Christine Sullivan at **508-742-9132** or **csullivan@coastlinenb.org** for more information.

### Stay connected:

Follow Coastline on Facebook for updates and events in the community. Visit **[www.facebook.com/coastlineNB](https://www.facebook.com/coastlineNB)**.