



Autumn Fall Prevention Safety Tips for Seniors

- Always wear non-slip sole shoes
- Keep walkways and entrances clear of leaves, water, and clutter.
- Check lights in your home prepare for daylight savings Nov.6th.
- Remember to have eyes and hearing tested by your Doctor.
- Review with a Pharmacist of medications that cause drowsiness.



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You Can Prevent Falls and We Can Help

For information on how to keep you and loved ones safe contact Rachelle Corchado

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7	3	6	1	8	5	4	2	9
2	9	1	4	3	6	8	7	5
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3	6	9	5	2	8	7	4	1
5	2	4	9	7	1	3	6	8
1	7	8	3	6	4	9	5	2
6	1	2	8	4	9	5	3	7
4	8	3	2	5	7	1	9	6
9	5	7	6	1	3	2	8	4

Sudoku Answers