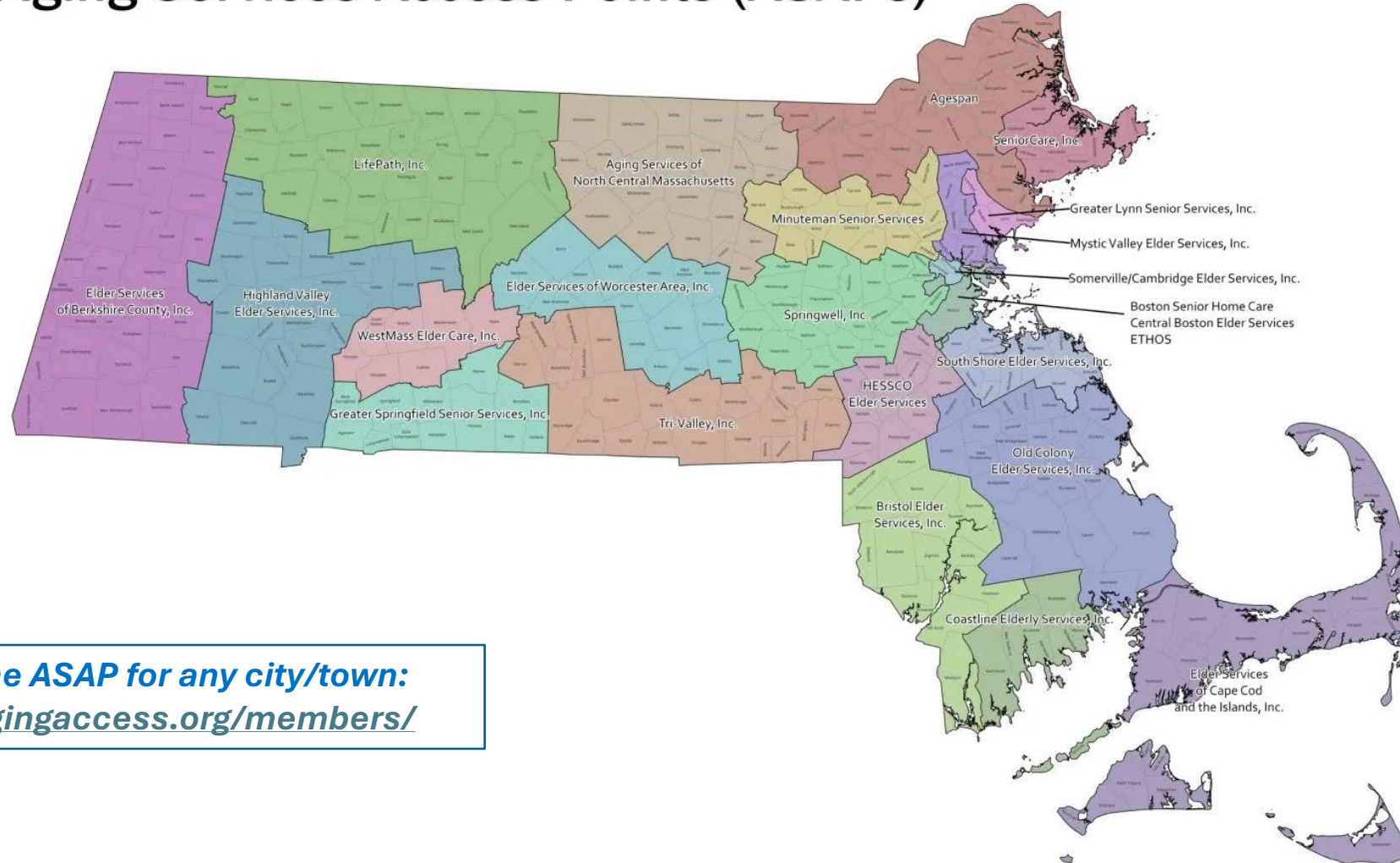


Value of the ASAP Network

Massachusetts Aging Services Access Points (ASAPs)



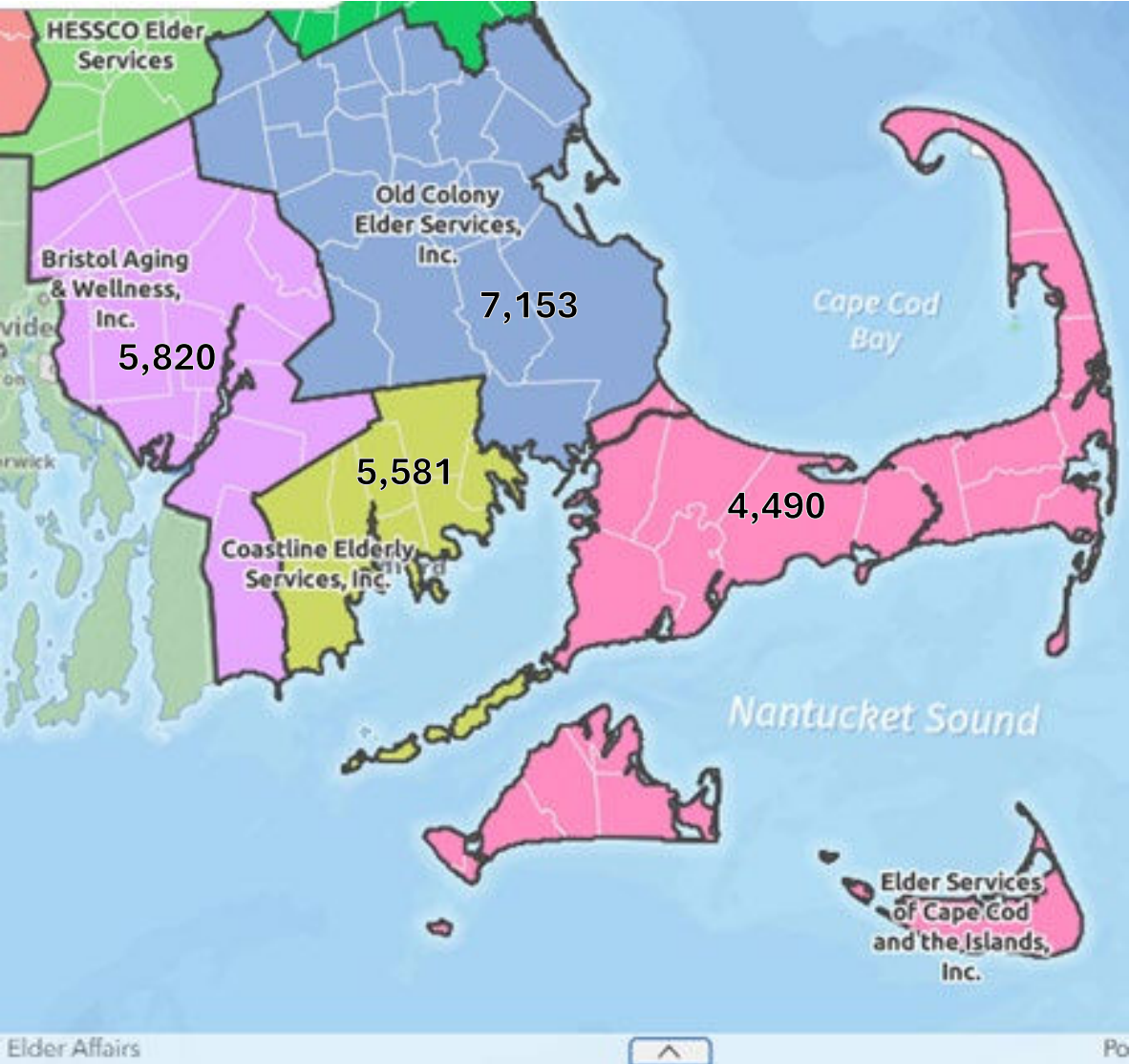
ASAP map provided by



Locate the ASAP for any city/town:
<https://agingaccess.org/members/>



ASAPs Serving Your Constituents



Unduplicated consumers by ASAP for all programs

Total consumers for Southeast region: 23,044

Bristol: 5,820

Coastline: 5,581

Cape: 4,490

Old Colony: 7,153

Demographics



- Massachusetts has a rapidly growing older adult population with the first baby boomers now turning 80;
 - As far back as 2015, Massachusetts already had 143 older adults for every 100 school-age children¹ and by 2025, 27% of the Massachusetts population is projected to be age 60 or older.² *These trends will continue over the coming years and decades.*
-
- Increased longevity: people are living longer and want to remain at home;
 - ASAPs are seeing consumers who are frailer and have more complex care needs, including more consumers living with dementia (consumers under age 60 with a diagnosis of dementia also qualify for Home Care);
 - Over one-third of Home Care consumers are clinically eligible for nursing home care, but ASAPs provide care in the home, typically at a fraction of the cost.

¹Center for Social and Demographic Research on Aging. (2017). New England Projections: Residents of New England Age 60+ [Fact Sheet]. Boston, MA.

²Univ. of VA, Weldon Cooper Center for Public Service



What is the Home Care Program?

The Home Care Program enables older adults and people living with Alzheimer's Disease or a related dementia to successfully age in place and avoid moving to a nursing home or other long-term care facility. The program combines a functional impairment level (FIL) assessment to determine unmet needs with care planning and case management to address those needs.

Eligibility:

- Available to Massachusetts residents age 60+ as well as those under age 60 who are living with Alzheimer's or another form of dementia;
- Must require assistance with at least one ADL or six or more IADLs (certain consumers may qualify with four IADLs) and have a critical unmet need that the Home Care Program will address;
- Co-pays and cost sharing are based on Income and MassHealth guidelines.

Available Services Include:

- Homemaking
- Personal Care
- Home Health Aide
- Companion
- Home Delivered Meals
- Adult Day Health and Supportive Day Programs
- Caregiver Support, including Respite Care
- Medication assistance
- PT/OT
- Complex Care Oversight by an RN
- and much more



Who Are ASAP Home Care Consumers?

- In CY23, 65% of the consumers enrolled in Home Care Program had an average household income of less than \$26,582, with 36% having an income of just \$10,000 to \$19,000;
- 56% live alone;
- 80% have been identified as having a high risk of falls;
- Many are from underserved communities and suffer from health disparities;
- 42% receive MassHealth;
- Average age = 80



Home Care Program = Significant Savings

- In CY23, the Home Care program **provided case management and in-home support to a total of approximately 65,000 individuals¹**.
- Approximately **one in three consumers served by the Home Care program would otherwise be in a nursing home¹** if it weren't for the support of this program.
- **The 2023 average annual calendar year care plan cost/consumer for the majority of Home Care consumers ranged from \$3,650.94 to \$10,244.46¹**. Average costs for consumers enrolled in Choices (up to 24/7 care) are significantly higher but still are less than nursing home placement while providing a much higher quality of life.
- **The median Medicaid payment rate for nursing home care in Massachusetts is more than \$77,000², with private-pay care costing as much as \$175,000.**

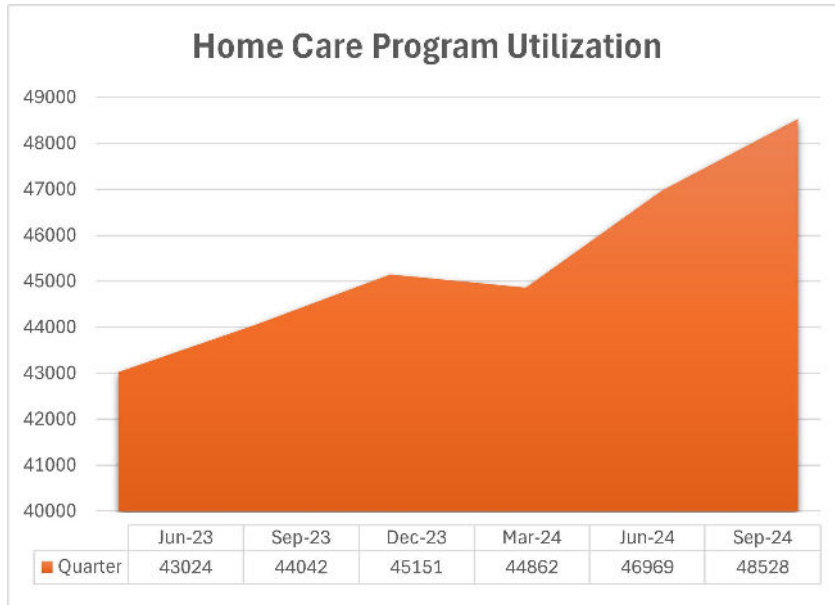
The ASAP Home Care Program is **an upstream intervention which can save MassHealth anywhere from \$22,187 (Choices) to as much as \$73,703 (Home Care Basic / Waiver) per consumer per year, but only if adequate funding exists to meet growing consumer need.**

¹ EOE Home Care Consumer Profile CY23

² Bowlblis, J.R., Miller, E.A., Simpson, E., Alberth, A.G., Pallis, M., Karon, S., Selkirk, H., Oliveira, I., Dey, J., Squillace, M., & Cohen, M.A. Assessing Medicaid Payment Rates and Costs of Caring for the Medicaid Population Residing in Nursing Homes (Final Report). Washington, DC: Office of the Assistant Secretary for Planning and Evaluation, U.S. Department of Health and Human Services. June 3, 2024



Home Care Line Items Underfunded in FY25



Utilization as of June 2024 was 46,969¹ (up 9% from 43,024 in June 2023²), and this has increased each month since then. By the end of Q1 of FY25, utilization has already reached 48,528³ - and demographics clearly illustrate that utilization will likely continue to grow throughout FY25.

- Line Item 9110-1630 (Elder Home Care Purchased Services) has an expected deficit in FY25 of **\$46,107,642 with an estimated 8% growth based on current utilization trends.**
- Line Item 9110-1633 (Elder Home Care Case Management) has an expected deficit in FY25 of **\$8,622,226 with an estimated 8% growth based on current utilization trends.**

These services are critically important to help older adults remain at home and prevent or delay more costly nursing home stays, while enhancing quality of life, and lowering healthcare costs. Without enough funding to meet the needs of ALL eligible Massachusetts older adults, the ASAP network may be faced with the creation of wait lists for home care services, potentially putting older adults at risk and creating the need for more ER visits and nursing home stays.

¹EOEA Home Care and APS Program Utilization FY24 Quarter 4

²EOEA Home Care and APS Update August 2023

³HAR report run on 10/30/24



FY-25 Funding Deficit Impact

9110-1630 **\$46,107,642**

9110-1633 **\$8,622,226**

**Minimum Supp. Budget
Needed: \$54,729,868**

DEFICIT IMPACT ON EACH ASAP WITHOUT SUPPLEMENTAL BUDGET

**Bristol Aging
& Wellness
\$2,752,738**

**Coastline
\$1,642,280**

**Elder Services
of Cape Cod
\$3,395,980**

**Old Colony
\$3,447,477**

Remaining \$43,491,393 deficit spread across 20 other ASAPs

Case Example #1

- Mrs. Doe has Heavy Chore service two hours/week and Homemaking service four hours/week through the ECOP program.
- Prior to ASAP assistance, Mr. Doe was having frequent hospitalizations, approximately two times/month due to a decline in health status and falls.
- After ASAP intervention and with ongoing services, Mrs. Doe has been able to remain at home with no hospitalizations, stabilized health, and improved living conditions.
- The cost of the ASAP services was \$901. If this consumer were to spend down and enroll on MassHealth, then the cost for a nursing facility would be approximately \$6,450 per month. The ASAP intervention potentially saves MassHealth approximately \$5,550 per month in this situation.



Case Example #2

- Mr. Smith received a Home Health Aide for ten hours/week (two hours/day, five days/week) through the Community Choices Programs.
- Mr. Smith had been in rehabilitation after having three strokes; his spouse provides daily care, however, is limited due to her own health conditions.
- After ASAP intervention, Mr. Smith was able to return to the community with the enhanced care plan and avoided long term nursing facility placement. His health remains stable, and his spouse is able to continue as his caregiver with the support of the ASAP services.
- The cost of the ASAP care plan is approximately \$1,763 per month. The potential cost to MassHealth if he had been admitted long term to a nursing facility would have been approximately \$6,450 per month. For this consumer, the Home Care Program saves MassHealth approximately \$4,650 per month, while also enabling Mr. Smith to remain at home with his wife.

